

博多一風堂 アレルギー情報

アレルギーをお持ちのお客様へお断り

当店の厨房設備上、アレルギー食材を完全に除くことができません。

ごく微量でも発症する症状をお持ちの場合は、商品の提供をお断りさせていただきます。

- ◆このアレルギー表示の項目は、食品衛生法にて表示が義務付けられている特定原材料7品目と、表示が推奨されている原材料21品目について表示しております。
- ◆各メニューの調理には同じ調理器具を使用しているため、本来その商品に使用しない食材が調理時に付着・混入する可能性があります。
- ◆麺、スープ等の製造工場では、そば、落花生、えび、かにを原材料とする商品の製造を行っています。
- ◆店舗により取り扱っていない商品がございます。
- ◆カロリーについては、配合に基づいた標準値です。また、店舗で1商品ずつ手作りをしているため、実際の商品とはカロリーに誤差が出る場合があります、記載のカロリーはあくまで目安値です。
- ◆微量の原因物質でアレルギー症状を発症されるお客様には商品の提供をお断りさせていただく場合がございます。予めご了承ください。

| メニュー名 | 特定原材料 | | | | | | | 特定原材料に準ずるもの | | | | | | | | | | | | | | | | | カロリー | | | | |
|---|-------|---|----|----|-----|----|----|-------------|----|-----|------|-----|----|-----|----|----|----|----|-----|----|------|----|------|-----|------|------|---------|---------|----------|
| | 卵 | 乳 | 小麦 | そば | 落花生 | えび | かに | あわび | いか | いくら | オレンジ | キウイ | 牛肉 | くるみ | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | まつたけ | もも | やまいも | リンゴ | | ゼラチン | カシューナッツ | ごま | アーモンド |
| 白丸元味 | ○ | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | ○ | | ○ | | 720kcal |
| 赤丸新味 | ○ | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | ○ | | ○ | | 790kcal |
| 極からか麺 | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | ○ | | ○ | | 930kcal |
| 特製白丸 | ○ | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | ○ | | ○ | | 940kcal |
| 特製赤丸 | ○ | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | ○ | | ○ | | 995kcal |
| ハカタノチカラ飯 | | ○ | ○ | | | ○ | | | | | | | | | | | ○ | | | ○ | | | | ○ | | | | 540kcal | |
| ハカタノチカラ飯(温玉) | ○ | ○ | ○ | | | ○ | | | | | | | | | | | ○ | | | ○ | | | | ○ | | | | 615kcal | |
| 温玉ごはん | ○ | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | | ○ | | 335kcal | |
| 博多チャーハン | ○ | ○ | ○ | | | | | | | | | | ○ | | | | ○ | ○ | | ○ | | | | | ○ | | ○ | 825kcal | |
| 博多チャーハン (フードコート店舗) | ○ | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | ○ | | | 715kcal | |
| (LEOT広島店、イオンモール京都桂川店、エミフルMASAKI店、鳥栖7&7A7トレト店、SMARK伊勢崎店、ゆめタウン廿日市店、ゆめタウン徳島店、ゆめタウン高松店) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 明太ごはん | | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | | 375kcal |
| 明太ごはん(温玉) | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | | 450kcal |
| 博多ひとくち餃子 | | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | | | ○ | | 320kcal |
| 替玉 | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | | 280kcal |
| トッピング玉子 | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | | 80kcal |
| トッピング温泉玉子 | ○ | | | | | | | | | | | | | | | | | | | | | | | | | | | | 80kcal |
| トッピングきくらげ | | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | ○ | | 160kcal |
| トッピングのり | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 5kcal |
| トッピングもやし | | | | | | | | | | | | | | | | | ○ | | | | | | | | | | | | 15kcal |
| トッピングねぎ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 10kcal |
| トッピングチャーシュー(2枚) | | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | | | | | 85kcal |
| トッピングタンメン野菜 | | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | | | | | 110kcal |
| トッピング明太子 | | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | | 25kcal |
| ブラックモンブラン | ○ | ○ | ○ | | ○ | | | | | | | | | | | | ○ | | | | | | | | | | | | 180kcal |
| チャーシューまぶしごはん | | ○ | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | ○ | | ○ | | 460kcal |
| 一風堂お子様セット(ラーメン・ごはん・ゼリー) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ラーメン・ごはん | ○ | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | ○ | | | | 770kcal |
| ゼリー(りんご味・オレンジ味・ぶどう味) | | | | | | | | | | | ○ | | | | | | | | | | | | | | ○ | | | | - |
| おこさまラーメン(飲み物を除く) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ラーメン | ○ | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | ○ | | | | 499kcal |
| おやつパック | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | ○ | | | | - |
| 川越とんかつ醤油(一風堂川越店 限定) | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | | | | | 920kcal |
| 博多中華そば | ○ | | ○ | | | | | | | | | | | | | ○ | ○ | ○ | | ○ | | | | | ○ | | ○ | | 680kcal |
| 一風堂かさね味 | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | | | | | 660kcal |
| 特製かさね味 | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | | | | | 820kcal |
| 担々麺(鳥栖PO店) | ○ | ○ | ○ | | ○ | | | | | | | | ○ | | | | ○ | ○ | | ○ | | | | | ○ | | ○ | | 1060kcal |
| 一風堂太つけ麺 | ○ | | ○ | | | | | | | | | | | | | ○ | ○ | | | ○ | | | | | ○ | | ○ | | 1010kcal |
| 博多汁なし担々麺(ごはん付き) | ○ | | ○ | | ○ | | | | | | | | | | | | ○ | | | ○ | | | | | ○ | | ○ | | 1047kcal |
| 博多汁なし担々麺 | ○ | | ○ | | ○ | | | | | | | | | | | | ○ | | | ○ | | | | | ○ | | ○ | | 859kcal |
| スライス担々麺(ルミネエスト新宿店期間限定) | | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | ○ | | | 681kcal |

RAMEN EXPRESS アレルギー情報

アレルギーをお持ちのお客様へお断り

当店の厨房設備上、アレルギー食材を完全に除くことができません。

ごく微量でも発症する症状をお持ちの場合は、商品の提供をお断りさせていただきます。

- ◆このアレルギー表示の項目は、食品衛生法にて表示が義務付けられている特定原材料7品目と、表示が推奨されている原材料21品目について表示しております。
- ◆各メニューの調理には同じ調理器具を使用しているため、本来その商品に使用しない食材が調理時に付着・混入する可能性があります。
- ◆麺、スープ等の製造工場では、そば、落花生、えび、かにを原材料とする商品の製造を行っています。
- ◆店舗により取り扱っていない商品がございます。
- ◆カロリーについては、配合に基づいた標準値です。また、店舗で1商品ずつ手作りをしているため、実際の商品とはカロリーに誤差が出る場合があります。記載のカロリーはあくまで目安値です。
- ◆微量の原因物質でアレルギー症状を発症されるお客様には商品の提供をお断りさせていただく場合がございます。予めご了承ください。

| メニュー名 | 特定原材料 | | | | | | | 特定原材料に準ずるもの | | | | | | | | | | | | | | | | | カロリー | | | | | |
|----------------------|-------|---|----|----|-----|----|----|-------------|----|-----|------|-----|----|-----|----|----|----|----|-----|----|------|----|------|-----|------|------|---------|----|----------|----------|
| | 卵 | 乳 | 小麦 | そば | 落花生 | えび | かに | あわび | いか | いくら | オレンジ | キウイ | 牛肉 | くるみ | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | まつたけ | もも | やまいも | リンゴ | | ゼラチン | カシューナッツ | ごま | アーモンド | |
| 白丸とんこつ | ○ | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | | | | ○ | | 815kcal |
| 白丸玉子入り | ○ | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | | | | ○ | | 890kcal |
| 野菜入り白丸 | ○ | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | | | | ○ | | 920kcal |
| チャーシュー白丸 | ○ | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | | | | ○ | | 965kcal |
| スペシャル 白丸 | ○ | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | | | | ○ | | 985kcal |
| 赤丸とんこつ | ○ | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | ○ | | | ○ | | 845kcal |
| 赤丸玉子入り | ○ | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | ○ | | | ○ | | 925kcal |
| 野菜入り赤丸 | ○ | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | ○ | | | ○ | | 955kcal |
| チャーシュー赤丸 | ○ | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | ○ | | | ○ | | 995kcal |
| スペシャル 赤丸 | ○ | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | ○ | | | ○ | | 1015kcal |
| 極からか麺 | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | | | | ○ | | 915kcal |
| 博多中華そば | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | ○ | ○ | | | | | ○ | | | | | 685kcal |
| スペシャル博多中華そば | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | ○ | ○ | | | | | ○ | | | | | 845kcal |
| 碧玉 | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | 290kcal |
| 博多チャーハン | ○ | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | ○ | | | | | 715kcal |
| 博多チャーハン (下記店舗対象) | ○ | ○ | ○ | | | | | | | | | | ○ | | | | ○ | ○ | | ○ | | | | | ○ | | | ○ | | 825kcal |
| (静岡SA店) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 餃子 | | | ○ | | | | | | | | | | | | | | ○ | ○ | | | ○ | | | | | | | ○ | | 325kcal |
| から揚げ | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | | | | 410kcal |
| メガから揚げ | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | | | | 1020kcal |
| ポテトフライ | | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | 575kcal |
| メガポテト | | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | 1145kcal |
| チャーシューまぶしごはん | | ○ | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | ○ | | | | ○ | | 510kcal |
| 明太子まつりごはん | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | ○ | | 290kcal |
| チャーシュー | | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | | | | | | 150kcal |
| 玉子 | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | 80kcal |
| きくらげ | | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | ○ | | 160kcal |
| のり | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 5kcal |
| 博多盛り | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | ○ | | 115kcal |
| 野菜 | | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | | | | | | 110kcal |
| おこさまラーメン(飲み物を除く) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ラーメン | ○ | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | | | | | | 497kcal |
| おやつパック | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | ○ | | | | | | - |
| とんこつ濃厚味噌ラーメン | ○ | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | | | | ○ | | 1005kcal |
| 博多中華そば(ソラマチ店限定) | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | ○ | ○ | | | | | ○ | | ○ | | 740kcal | |
| スペシャル博多中華そば(ソラマチ店限定) | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | ○ | ○ | | | | | ○ | | ○ | | 910kcal | |
| 一風堂太つけ麺 | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | ○ | | ○ | | 1010kcal | |

IPPUDO Allergies list

Attention

In our kitchen, the complete removal of allergenic ingredients can not be achieved due to the equipments.
If you have a very serious allergy, even a small amount can be very sensitive, please allow us to refuse to provide the products.

- ◆ This item of allergic labeling shows 7 specific raw materials that are required to be labeled by the Food Sanitation Law and 21 raw materials that are recommended to be labeled.
- ◆ Because each dish uses the same cooking utensils, there is a chance that raw materials might be mixed in that shouldn't be there.
- ◆ Because each menu is cooked using the same cooking utensils, there is a possibility that ingredients that are not originally used for the product will adhere or mix during cooking.
- ◆ Noodles, broth and other factories manufacture products made from buckwheat, peanuts, shrimp, and crab.
- ◆ Some products are not available at some stores.
- ◆ If you have a very serious allergy, even a small amount can be very sensitive, please allow us to refuse to provide the products.

| Menu | 7 Specific Raw Materials | | | | | | | 21 Raw Materials | | | | | | | | | | | | | | Calories | | | | | | | | |
|--|--------------------------|------|-------------|-----------|--------|--------|------|------------------|-------|------------|--------|------|------|--------|--------|----------|-----------|-------|--------|------|------------------|----------|-------|----------|-------|---------|-------|--------|--------|----------|
| | Egg | Milk | Wheat Flour | Buckwheat | Peanut | Shrimp | Crab | Abalone | Squid | Salmon Roe | Orange | Kiwi | Beef | Walnut | Salmon | Mackerel | Soy beans | Onion | Banana | Pork | Matsuta mushroom | | Peach | Wild yam | Apple | Gelatin | Onion | Sesame | almond | |
| Shiromaru | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | ○ | | | | | 720kcal |
| Akamaru | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | ○ | | | | | 790kcal |
| Kiwami Karaka | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | | ○ | | | | ○ | | | | | 930kcal |
| Shiromaru SP | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | ○ | | | | | 940kcal |
| Akamaru SP | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | ○ | | | | | 995kcal |
| Hakata no chikara meshi | | ○ | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | ○ | | | | | | 540kcal |
| Hakatanochikara with soft boiled egg | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | ○ | | | | | | 615kcal |
| Rice with Soft boiled egg | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | | | ○ | | | 335kcal |
| Chahan (Fried Rice) | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | ○ | | | | ○ | | | | | 825kcal |
| Chahan(Fried Rice) (Restaurant In Foodcourt) | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | ○ | | | | | 715kcal |
| (@LECT HIROSHIMA, @AEON MALL KYOTO KATSURAGAWA, @EMIFULL MASAKI, @TOSU PREMIUM OUTLETS, @SMARK ISEZAKI, @YOUME TOWN HATSUKAICHI, @YOUME TOWN TOKUSHIMA, @YOUME TOWN TAKAMATSU) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Mentai Gohan | | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | 375kcal |
| Mentai Gohan (Soft boiled egg) | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | 450kcal |
| Gyoza | | | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | | | ○ | | | 320kcal |
| Kaedama | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | 280kcal |
| Flavored Soft boiled egg | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | 80kcal |
| Soft boiled egg | ○ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 80kcal |
| Tree Mushroom | | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | ○ | | | 160kcal |
| Seaweed | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 5kcal |
| Bean Sprout | | | | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | 15kcal |
| Scallion | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 10kcal |
| Slice of pork | | | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | | | | | | 85kcal |
| Mix veggies | | | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | | | | | | 110kcal |
| Mentaiko | | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | 25kcal |
| Black Mont Blanc (ice) | ○ | ○ | ○ | | ○ | | | | | | | | | | | | ○ | | | | | | | | | | | | | 180kcal |
| Chashu Chopped topped rice | | ○ | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | ○ | | | ○ | | | 460kcal |
| Ippudo Kid's Meals(Ramen·Rice·Jelly) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Ramen·Rice | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | ○ | | | | | 770kcal |
| Jelly(Flavor:Apple·Orange·Grape) | | | | | | | | | | | ○ | | | | | | | | | | | | | ○ | | | | | | - |
| Kids Meal(Excluding drinks) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Ramen | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | ○ | | | | | 499kcal |
| Snack Assortment | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | ○ | | | | ○ | | | | | - |
| KAWAGOE TONKOTSU SHOYU(SOY SAUSE) | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | | ○ | | | | | | | | | 920kcal |
| HAKATA CHUKA SOBA | ○ | | ○ | | | | | | | | | | | | | ○ | ○ | ○ | | ○ | | | | ○ | | | ○ | | | 680kcal |
| IPPUDO KASANE | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | | | | | | 660kcal |
| IPPUDO KASANE Special toppings | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | | | | | | 820kcal |
| TANTANMEN(@TOSU PREMIUM OUTLETS LIMITED) | ○ | ○ | ○ | | ○ | | | | | | | | | | | | ○ | ○ | | ○ | | | | | ○ | | ○ | | | 1060kcal |
| IPPUDO TSUKEMEN | ○ | | ○ | | | | | | | | | | | | | ○ | ○ | | | ○ | | | | | ○ | | ○ | | | 1010kcal |
| HAKATA SHIRUNASHI TANTANMEN(with white steam rice) | ○ | | ○ | | ○ | | | | | | | | | | | | ○ | | | ○ | | | | | ○ | | ○ | | | 1047kcal |
| HAKATA SHIRUNASHI TANTANMEN | ○ | | ○ | | ○ | | | | | | | | | | | | ○ | | | ○ | | | | | ○ | | ○ | | | 859kcal |
| SPICY TANTANMEN(@LUMINEST SHINJYUKU TIME LIMITED) | | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | ○ | | | | 681kcal |

IPPUDO RAMEN EXPRESS Allergies list

Attention
In our kitchen, the complete removal of allergenic ingredients can not be achieved due to the equipments.
If you have a very serious allergy, even a small amount can be very sensitive, please allow us to refuse to provide the products.

- ◆ This item of allergic labeling shows 7 specific raw materials that are required to be labeled by the Food Sanitation Law and 21 raw materials that are recommended to be labeled.
- ◆ Because each dish uses the same cooking utensils, there is a chance that raw materials might be mixed in that shouldn't be there.
- ◆ Because each menu is cooked using the same cooking utensils, there is a possibility that ingredients that are not originally used for the product will adhere or mix during cooking.
- ◆ Noodles, broth and other factories manufacture products made from buckwheat, peanuts, shrimp, and crab.
- ◆ Some products are not available at some stores.
- ◆ If you have a very serious allergy, even a small amount can be very sensitive, please allow us to refuse to provide the products.

| Menu | 7 Specific Raw Materials | | | | | | | 21 Raw Materials | | | | | | | | | | | | | | Calories | | | | | | | | | |
|--|--------------------------|------|-------------|-----------|--------|--------|------|------------------|-------|------------|--------|------|------|--------|--------|----------|-----------|-------|-------|------|---------------------|----------|-------|----------|-------|---------|-----------|--------|--------|---------|----------|
| | Egg | Milk | Wheat Flour | Buckwheat | Peanut | Shrimp | Crab | Abalone | Squid | Salmon Roe | Orange | Kiwi | Beef | Walnut | Salmon | Mackerel | Soy beans | Onion | Beans | Pork | Matsuta kenmushroom | | Peach | Wild yam | Apple | Gelatin | Onion mix | Sesame | almond | | |
| Hakata Tonkotsu | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | ○ | | | | | | 805kcal |
| Tonkotsu With egg | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | ○ | | | | | | 885kcal |
| Veg Tonkotsu | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | ○ | | | | | | 915kcal |
| Chashu Tonkotsu | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | ○ | | | | | | 985kcal |
| Special Tonkotsu | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | ○ | | | | | | 1070kcal |
| Shoyu Tonkotsu | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | ○ | | | | | | 890kcal |
| Tonkotsu Shoyu with egg | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | ○ | | | | | | 970kcal |
| Veg Shoyu | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | ○ | | | | | | 1000kcal |
| Chashu Shoyu | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | ○ | | | | | | 1070kcal |
| Special Shoyu | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | ○ | | | | | | 1155kcal |
| Kiwami Karaka | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | ○ | | ○ | | | | 990kcal |
| Kaedama | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | | 290kcal |
| Chashu Rice | | ○ | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | ○ | | | ○ | | | 510kcal |
| Hakata Chahan (fried rice) | ○ | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | ○ | | | | | | 715kcal |
| Mentaiko Matsuri Rice | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | ○ | | | 290kcal |
| Hakata Bite-Size Gyoza | | | ○ | | | | | | | | | | | | | ○ | ○ | | | ○ | | | | | | | | ○ | | | 325kcal |
| Karaage | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | | 410kcal |
| Mega Karaage (10 pieces) | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | | | | | 1020kcal |
| Fried Potatoes | | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | | 575kcal |
| Fried Potatoes (Lsize) | | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | | 1145kcal |
| Hakata Special Toppings (Roasted Seaweed, Mentaiko, Egg, and Takana) | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | ○ | | | 115kcal |
| Boiled Egg | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | | 80kcal |
| Vegetables | | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | | | | | | | 105kcal |
| Chashu | | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | | | | | | | 150kcal |
| Menma | | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | | 10kcal |
| Roasted Seaweed | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 5kcal |
| Tree Mushrooms | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 5kcal |
| Kids Meal (Excluding drinks) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Ramen | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | ○ | | | | | 501kcal | |
| Snack Assortment | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | ○ | | | | | | - |
| Tokushima-style Stamina Ramen | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | ○ | | | | | | 1045kcal |
| Dandan Noodles | ○ | ○ | ○ | | ○ | | | | | | | | ○ | | | | ○ | ○ | | ○ | | | | | ○ | | | ○ | | | 1170kcal |
| Yokohamanagare Ramen in tonkotsu soup with soy sauce | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | ○ | | | | | | 1355kcal |
| Hakata-Style Shoyu Ramen | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | ○ | | | | | | 710kcal |
| Hakata-Style Special Shoyu Ramen | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | ○ | | | | | | 890kcal |
| IPPUDO TSUKEMEN | ○ | | ○ | | | | | | | | | | | | | ○ | ○ | | | ○ | | | | | ○ | | | ○ | | | 1010kcal |

RAMEN EXPRESS Allergies list

Attention

**In our kitchen, the complete removal of allergenic ingredients can not be achieved due to the equipments.
If you have a very serious allergy, even a small amount can be very sensitive, please allow us to refuse to provide the products.**

- ◆ This item of allergic labeling shows 7 specific raw materials that are required to be labeled by the Food Sanitation Law and 21 raw materials that are recommended to be labeled.
- ◆ Because each dish uses the same cooking utensils, there is a chance that raw materials might be mixed in that shouldn't be there.
- ◆ Because each menu is cooked using the same cooking utensils, there is a possibility that ingredients that are not originally used for the product will adhere or mix during cooking.
- ◆ Noodles, broth and other factories manufacture products made from buckwheat, peanuts, shrimp, and crab.
- ◆ Some products are not available at some stores.
- ◆ If you have a very serious allergy, even a small amount can be very sensitive, please allow us to refuse to provide the products.

| Menu | 7 Specific Raw Materials | | | | | | | 21 Raw Materials | | | | | | | | | | | | | | | | | | | | | Calories | |
|---|--------------------------|------|-------------|-----------|--------|--------|------|------------------|-------|------------|--------|------|------|--------|--------|----------|-----------|---------|--------|------|--------------------|-------|----------|-------|---------|--------------|--------|--------|----------|----------|
| | Egg | Milk | Wheat Flour | Buckwheat | Peanut | Shrimp | Crab | Abalone | Squid | Salmon Roe | Orange | Kiwi | Beef | Walnut | Salmon | Mackerel | Soy beans | Chicken | Banana | Pork | Matsutake mushroom | Peach | Wild yam | Apple | Gelatin | Oat/haw nuts | Sesame | almond | | |
| Shiromaru Tonkotsu | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | | | | ○ | | 815kcal |
| Shiromaru with Egg | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | | | | ○ | | 890kcal |
| Shiromaru Vegetables | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | | | | ○ | | 920kcal |
| Shiromaru Chashu | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | | | | ○ | | 965kcal |
| Shiromaru Special | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | | | | ○ | | 985kcal |
| Akamaru Tonkotsu | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | | ○ | | ○ | | 845kcal |
| Akamaru with Egg | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | ○ | | ○ | | ○ | 925kcal |
| Akamaru Vegetables | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | ○ | | ○ | | ○ | 955kcal |
| Akamaru Chashu | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | ○ | | ○ | | ○ | 995kcal |
| Akamaru Special | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | ○ | | ○ | | ○ | 1015kcal |
| Kiwami Karaka | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | | ○ | | | | | | | ○ | | 915kcal |
| Hakata Chuka Soba | ○ | | ○ | | | | | | | | | | | | | ○ | ○ | ○ | | | ○ | | | | ○ | | | | | 685kcal |
| Hakata Chuka Soba Special | ○ | | ○ | | | | | | | | | | | | | ○ | ○ | ○ | | | ○ | | | | ○ | | | | | 845kcal |
| Kaedama | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | 290kcal |
| Hakata Chahan (fried rice) | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | ○ | | | | | 715kcal |
| Hakata Chahan (fried rice) (following Restaurant) | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | ○ | | | | ○ | | ○ | | ○ | | 825kcal |
| (@SHIZUOKA SA) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Hakata Bite-Size Gyoza | | | ○ | | | | | | | | | | | | | ○ | ○ | | | ○ | | | | | | | | ○ | | 325kcal |
| Karaage | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | | | | 410kcal |
| Mega Karaage (10 pieces) | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | | | | 1020kcal |
| Fried Potatoes | | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | 575kcal |
| Fried Potatoes (Lsize) | | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | 1145kcal |
| Chashu Rice | | ○ | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | ○ | | | | ○ | 510kcal |
| Mentaiko Matsuri Rice | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | ○ | | 290kcal |
| Chashu | | | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | | | | | | 150kcal |
| Boiled Egg | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | 80kcal |
| Tree Mushrooms | | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | ○ | | 160kcal |
| Roasted Seaweed | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 5kcal |
| Hakata Special Toppings (Boiled Egg, Roasted Seaweed, Mentaiko, and Takana) | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | | ○ | | 115kcal |
| Vegetables | | | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | | | | | | 110kcal |
| Kids Meal (Excluding drinks) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Ramen | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | | | | | | 497kcal |
| Snack Assortment | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | ○ | | | | ○ | | | | | - |
| Tonkotsu Rich Miso Ramen | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | ○ | | | | | | | ○ | | 1005kcal |
| Hakata Chuka Soba (only at Solamachi) | ○ | | ○ | | | | | | | | | | | | | ○ | ○ | ○ | | | ○ | | | ○ | | | ○ | | ○ | 740kcal |
| Hakata Chuka Soba Special (only at Solamachi) | ○ | | ○ | | | | | | | | | | | | | ○ | ○ | ○ | | | ○ | | | ○ | | | ○ | | ○ | 910kcal |
| IPPUDO TSUKEMEN | ○ | | ○ | | | | | | | | | | | | | ○ | ○ | | | | ○ | | | | ○ | | ○ | | | 1010kcal |